
AC 2011-1161: DEVELOPING TECHNOLOGIES THAT ENABLE INDIVIDUALS WITH DISABILITIES: A UNIQUE DESIGN EXPERIENCE

Nina Robson, Texas A&M University

Developing Technologies that Enable Individuals with Disabilities: A Unique Design Experience

Abstract

People with disabilities encounter a significant number of barriers and challenges, including lack of employment opportunities and access to adequate facilities. Today, over 60% of people with disabilities do not have jobs. Lack of awareness about the challenges faced by persons with disabilities still is a considerable concern.

In an effort to ease some of those challenges, a semester long team design project has been introduced, to encourage the students to develop technologies that can empower people with disabilities to overcome barriers to employment. The students are challenged to design the assistive device in direct collaboration with a particular person who is disabled, a physical therapist at the local hospital, as well as with the disability services at Texas A&M University.

The project gives undergraduate students a chance to make a difference, by developing technologies to aid people with disabilities. It also enhances the design experience and self-learning of the undergraduate students in our department.

I expect that this project, which focuses on enabling the disabled, will encourage more students and engineering professionals to become interested in seeking degrees in Engineering with special emphasis on human-centered design.

Motivation

During the semester long Mechanical Design Applications II course of Fall 2010, a new learning strategy environment was created, by introducing the students to a team challenge where they were asked to design an assistive device for a particular person who is disabled. The students were introduced to local non-profit agencies that train and find employment opportunities for disabled people. During this semester, the students have been working in teams and in collaboration with specific disabled person, with physical therapists at the local hospitals, as well as with the disability services at Texas A&M University to better understand the barriers faced by the disabled on a daily basis.

The mathematical tools in analysis and design the students must understand to begin to design mechanisms and comprehend design flaws in the field of mechanical engineering are at times overwhelming. However, when students are given a chance to design devices that have an immediate real-world application, they are motivated to progress in ways that are unimaginable. They see the applications of the assistive devices beyond manufacturing and are excited to be the engineers to make a difference in the lives of targeted individuals.

To facilitate learning in a time demanding environment, authors have proposed Problem-based learning (PBL) into technical courses ^[1-7]. Cawley ^[8] introduced the problem in a mechanical

engineering course. Preparing students to actively participate in the learning process, be more responsible for their own learning and to become lifelong learners [9] were the main goals of the project. Since students who are capable of self-learning are better prepared to become lifelong learners, the teams were provided limited supervision and guidelines. To guarantee success, their work was assessed three times during the semester.



Figure 1. Examples of student ideas: From a novel device, providing navigation assistance to a visually impaired to a mechanical arm for a paraplegic person.

Course Description

Course specific material related to the design of technologies to aid people with disabilities were identified and included in the curriculum. The course specific activities and material were then mapped to desired course development and outcomes.

To increase the quality of learning and writing skills [10], the students were asked to submit and present a design overview report three times during the semester. By the end of the first month, teams formally presented their design ideas, based on customer needs and functional requirements for a possible financial assistance (Figure 1). The proposals from the nine teams were reviewed by a committee consisting of engineering professors and health care professionals. The review criteria of the assistive technology consisted of an overall solution, cost, function, survey of existing technologies, innovation and interaction with the customer. At that level top five design ideas were suggested for a possible financial assistance for prototype fabrication. The ideas were so successful that two of our design teams, out of a total of fifteen chosen nationwide, received financial assistance for prototype development (Figure 2 and Figure 3).

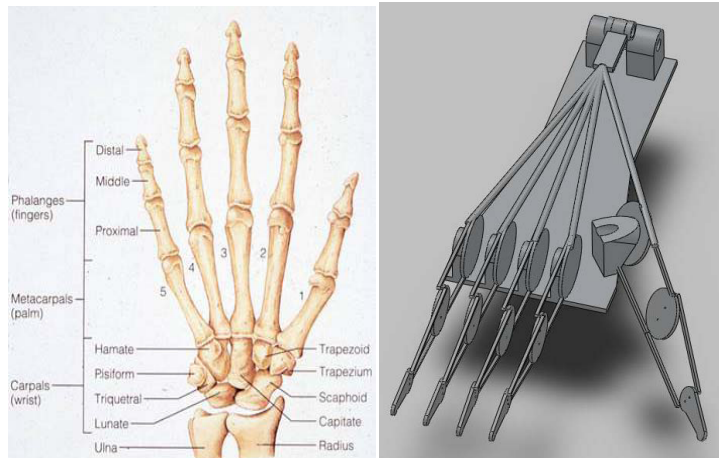


Figure 2. One of the preliminary designs, chosen for financial assistance: *Hand Grip Strength Assistive Device for a Person with Cerebral Palsy*. It will allow easy manipulation of simple objects.

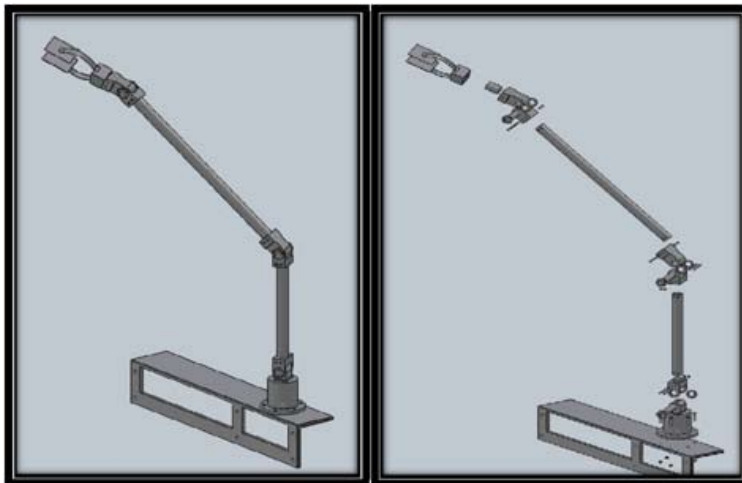
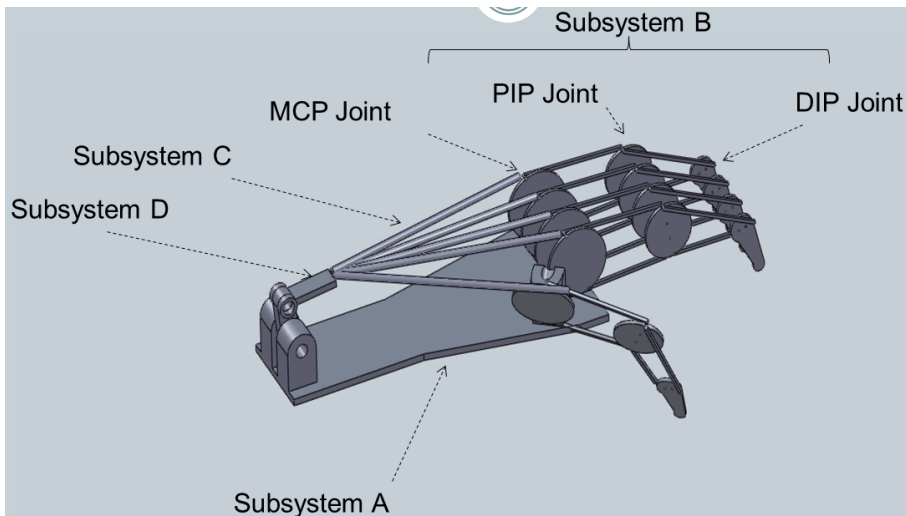


Figure 3. The second preliminary design, chosen for financial assistance: *Robotic Device, Attached to a Wheelchair*. It enables a disabled person, confined to a wheelchair to better interact with the surrounding objects in his workspace.

In the mid semester, the teams discussed their progress on the projects, by presenting their conceptual designs. An interesting issue appeared in the design of the hand grip assistive device, shown in Fig. 2. Since the students use four bar linkages for that specific design, the team was not able to optimally design the gripper, so that each finger moves smoothly throughout the desired path. This fact was the reason for a special discussion on parallel assembly of linkages and branching, a fundamental problem in kinematic linkage synthesis. The team was faced with the challenge to: (1) either reshape the coupler movement for non-branching solutions, (2) come up with a new design idea, or (3) get biological data from humans' arm movement, using a Vicon 3D Motion Capture System, available in our "Human Interactive Robotics Lab" at Texas A&M University. The students eagerly chose the

latter and reconsidered their design solution, based on the biological data they obtained (see Figure 4).

This example shows the importance of providing students with the opportunity of relating theoretical and analytical results to the real world phenomena, by using leading edge technologies to experience the excitement of ongoing research.



		INDEX														
Fra	me	alex:hand			alex:index1			alex:index2			alex:index3			alex:tip		
		X	Y	Z	X	Y	Z	X	Y	Z	X	Y	Z	X	Y	Z
		mm	mm	mm	mm	mm	mm	mm	mm	mm	mm	mm	mm	mm	mm	mm
open	1	149.067	410.876	0.88815	132.551	347.806	27.5443	109.7	309.06	38.8258	92.8661	284.588	42.0068	79.9888	268.868	46.6508
	2	149.153	410.881	0.91645	132.589	347.832	27.5249	109.719	309.046	38.8367	92.8925	284.578	42.0458	80.0046	268.857	46.6311
	3	149.159	410.881	0.89501	132.602	347.833	27.5314	109.72	309.041	38.848	92.8909	284.535	42.036	79.9967	268.855	46.6072
Full Grip	147	150.037	410.683	3.47721	137.531	348.97	35.0703	106.433	302.715	41.3443	75.2881	310.307	7.84454	74.0212	329.857	4.26148
	148	150.044	410.707	3.44994	137.486	348.985	35.05	106.355	302.746	41.3774	75.213	310.316	7.859	73.9529	329.843	4.26458
	149	150.027	410.731	3.43447	137.447	349.018	35.0545	106.326	302.812	41.4481	75.159	310.314	7.91334	73.8643	329.803	4.22729
Pencil Grip	1203	148.752	410.979	0.95097	138.68	352.896	36.264	105.684	308.518	41.2725	70.7929	310.562	13.3866	63.4067	326.539	1.32731
	1204	148.764	410.981	0.97617	138.743	352.916	36.2253	105.712	308.541	41.309	70.8499	310.556	13.4047	63.4561	326.535	1.3299
	1205	148.784	410.976	0.95269	138.779	352.894	36.2277	105.72	308.537	41.3464	70.8845	310.561	13.4142	63.5022	326.55	1.31937

Figure 4. Data from the movement of the index finger of the customer, obtained by the students, using Vicon 3D Motion Capture System, available in our Human Interactive Robotics Lab.

In the end of the semester (December 2010), the students presented their final assistive device design documents. They were reviewed by engineering professors and health-care professionals. The review criteria consisted of overall solution, cost, ease of use and implementation, safety features, quality and accuracy, function, plans for testing and evaluation, as well as innovation. Interactions of each

team with the customer/user of the assistive device and with the collaborators were also taken into account.

Assessment

The proposed and implemented for the first time in the Department of Engineering Technology and Industrial Distribution engineering project aims to take the study of mechanical design to the next level by motivating the students with real-world challenges that have a direct result in the lives of disabled people. The students take the theoretical ideas of mechanical design learned in their class and with limited guidance implement them first via a design ideas, conceptual design and finally fabrication of a prototype. The prototype development is the goal of this upcoming semester.

This project was evaluated at the end of the semester. Students were asked for a detailed feedback and recommendations for improvements. The questions were anonymous and the students had to grade their answers on a scale from 1 (poor/low) to 5 (excellent/high). The survey was completed by twenty two students. The median value from the survey was 4. The survey revealed areas that students did not feel comfortable with, such as knowledge in the development of a schedule for manufacturing, plans for testing, as well as identification of features that distinguish their design from the competition. Questions, regarding the student skills necessary to develop system and component requirements, as well as a concept for the design of the complete system, received the highest scores. These areas were part of the curriculum for the mechanical engineering design course and, as such, were skills students were able to utilize towards the project. In the end of the survey the students were given the opportunity to comment on the project. Below are some of the comments:

- “I think that after completing this project, I have a better understanding of the entire design and manufacturing process”;
- “I view a 5 as near perfect, which is the reason for more of the 4’s”;
- “It was a good learning experience”.

Feedback from the collaborators, regarding the teams development, experiences, as well as the industry-defined competency of the developed assistive device were also extremely important during the semester. This provided a partial summative evaluation of the project and the students’ learning. Further summative evaluation of the project, regarding the usability and quality of the products, is expected to be provided by the users of the assistive devices.

Lessons Learned

In order to allow the students and the course to progress to the next level, based on the student’s survey answers it is clear that:

1. Student’s professional skills, such as project management, have to be improved in the future class curriculum.
2. The use of leading edge technologies has to be included in the curricula and mapped to the desired course outcomes. Modern technologies give the students the experience of the on-going research, make engineering design exciting and involve the students to actively participate in the learning process.

Despite the areas to improve on, the project was a huge success. The students were truly interested in the subject matter and began to clearly see the important and needed applications of assistive devices

that go beyond the manufacturing process. Each prototype that will be developed will surely demonstrate that our students can make a difference in the lives of their fellow man. What a difference projects like that make in the life of the targeted disabled individuals!

Impacts

Diversity in the workplace is essential in today's society. Individuals with disabilities have much to offer and need just that little boost to push them on their way to a successful and fulfilling career. Likewise, the future generations of engineers must understand that their studies mean something. The implemented project addresses the need for combining analytical and theoretical knowledge with practical hands-on experience, with a particular focus on the field of integration of mechanical design and manufacturing. The goal is to develop assistive devices that will allow disabled individuals to perform tasks that they were otherwise unable to. In just one semester, a course in mechanical design applications at Texas A&M has sparked the first of many young mechanical engineers to begin to design real world solutions that make immediate impact on the society. These students were given the chance and when provided with the right motivation, they excelled.

Based on preliminary data, there can be no doubt that projects like that will not only bring the efforts of faculty working together, encourage and motivate current engineering students to work for a great cause, but will also attract students from a variety of backgrounds and interests to the field of engineering. This semester the students have progressed in the area of mechanical design and development of assistive technologies beyond our expectations. It is readily apparent that a hands-on and directed design theory and application multidisciplinary cross-course integration will be an inspiration for the students, faculty, collaborators, as well as for the end users.

Acknowledgements

The author would like to thank our collaborators from St. Joseph Outpatient Rehabilitation Center, Bryan, TX, as well as the Department of Disability Services at Texas A&M University.

References

1. Tanner C.K., J.L. Keedy and S.A. Galis, "Problem Based Learning: Relating the real-world to principalship Preparation", *The Clearing House*, v.68, n.3, p.154, (1995).
2. Foley R.P., Review of the Literature on PBL in the Clinical Setting", *The Journal of the American Medical Association*, v.278, n.9, p.696B, (1997).
3. Mehta S., "Quantitative and qualitative Assesment of Using PBL in a Mechanical Measurements Class", *Proc. of the ASEE Annual Conference and Expo*, Session 1566, Albuquerque, NM, (2002).
4. Lee L.W. and T. Ceylan, "Implementation of Design in Applied Thermodynamics Course", *Proc. of the ASEE Annual Conference and Expo*, Session 2633, Albuquerque, NM, (2001).
5. Brodeur D.R., Young P.W. and K.B. Blair, "Problem-based Learning in Aerospace Engineering Education", *Proc. of the ASEE Annual Conference and Expo*, Session 2202, Albuquerque, NM, (2002).
6. Nasr K.J. and B. Ramadan, "Implementation of Problem-based Learning into Engineering Thermodynamics", *Proc. of the ASEE Annual Conference and Expo*, Session 1526, Portland, OR, (2005).
7. Tebbe P., "Brainstorming Exercises as an Active Learning Component of Thermal Systems Courses", *Proc. of the ASEE Annual Conference and Expo*, Session 3533, Portland, OR, (2005).

8. P. Cawley, "The Introduction of a Problem-based option into a Conventional Engineering Degree Course", *Studies in Higher Education*, v.14, n.1, p.83, (1989).
9. Wang, Fang A., Johnson M., "Enhancing and Assessing Life Long Learning Skills through Capstone Projects", *Journal of Engineering education*, (2008).
10. P.C. Wankat, *The Effective Efficient Professor*, Allyn and Bacon Co.